



**Wednesday**  
**May 8, 2024**

**Heritage Woods**  
**Secondary**

**“WE ARE KODIAKS”**



# Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
<b>LUNCH</b>	<b>12:13 – 12:53</b>
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



**Please pick up your Student Cards ASAP:**

Nico Z.



**Please pick up your Kodiak Kash**

**(for your recent good deed!):**

Shaya F.

Oli M.

Talia S.



# Grad Dinner Dance: Music Request



Grade 12 Grads Use the following link or QR to submit your request(s) for music for Saturday's Dinner Dance – Deadline to Respond is **May 22<sup>nd</sup>, 2024**

<https://forms.office.com/r/ZzZueGKQLh>

**HERITAGE WOODS  
SECONDARY PRESENTS:**

# **THE GARBAGE FASHION SHOW 2024**

**Entrance Fee: \$5.00  
May 11th at 6:00pm  
1300 David Avenue**

*Promoting Sustainable Fashion!*



**All proceeds go to:**



# CLUBS



# BRACELET CONTEST

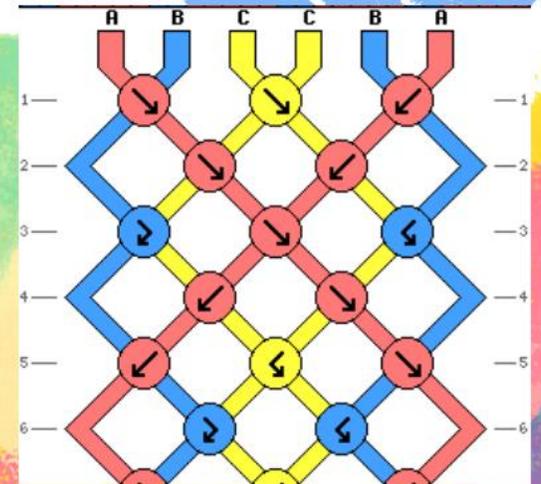
- **CREATE 1 SUMMER THEMED FRIENDSHIP BRACELET**
- **1ST: \$25 GIFT CARD**
- **2ND: \$15 GIFT CARD**
- **AT LEAST 6 STRINGS**
- **Winner voted** by club members/participants
- **Everyone is welcomed!**
- **Supplies provided (@216B, every WED, Lunch)**
- **beads, charms, creative finishes for extra points!**



**DUE: MAY 29**  
**@ROOM 216B**  
**LUNCH**

**EXAMPLE:**

min # of string possible



**127-lchoi@sd43.bc.ca**

# HWSS HELPING HANDS

## EXECUTIVE APPLICATIONS!

APPLY  
NOW!



## Who are we?

We are a non-profit organization that focuses on fundraisers, visiting senior homes, and making care packages :)

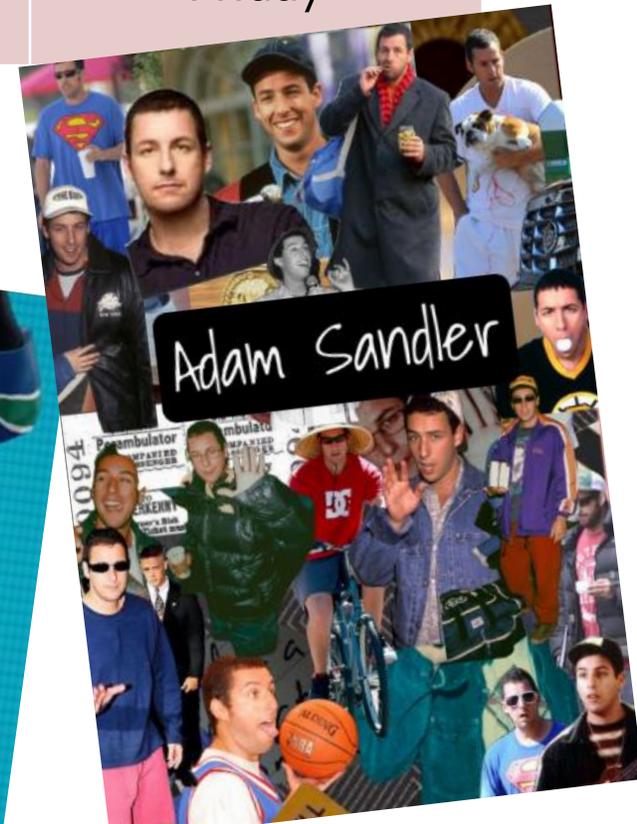


# Spirit Days of May!

May 6	May 7	May 8	May 9	May 10
Monochrome Monday	Twin Day Tuesday	Beach Day Wednesday	Jersey Day Thursday	Adam Sandler Day Friday



**TWINS**





**WEAR A SHIRT**

**SPIRIT WEEK PRESENTS  
WEDNESDAY, MAY 8TH 2024**

# **HAWAIIAN SHIRT DAY**





# JERSEY DAY

MAY 9

WEAR YOUR FAVOURITE TEAMS JERSEY

COME PARTICIPATE

AND SUPPORT THE UNIFIED BASKETBALL TEAM

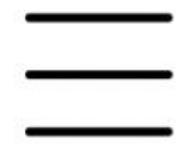


# Adam Sandler Day!!



**FRIDAY, MAY 10TH  
OPEN GYM BBALL @  
LUNCH IN THE GYM!!**





# HWSS SOAP NEWS

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Thursday, 03 May 2024

## **HWSS SOAP 2-Limit Tutor Opportunity Changed**

**The 2-limit tutoring opportunity policy to 3-limit tutoring opportunities!!**

[No Title]

From now on, all tutors will be allowed to take on up to 3 (voluntary) requests! Some tutors may be asked by an executive member directly to help take on unclaimed requests, these requests do not count into their 3 tutoring request.

If you have any questions, ask on Teams, or email us at [hwsoaptutor@gmail.com](mailto:hwsoaptutor@gmail.com)



# HWSS SOAP NEWS

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Thursday, 03 May 2024

## **HWSS SOAP HOMEWORK HELP Dates Changed**

**Homework Help sessions will ONLY RUN ON TUESDAYS from 3:30pm-5pm, starting next week (Tuesday, May 7, 2024)!!!**

This is also a reminder to sign up to tutor at Homework Help. It is a great way for you SOAP club tutors to obtain volunteer hours and support your peers in an academic aspect!

If you have any questions, ask on Teams, or email us at [hwsoaptutor@gmail.com](mailto:hwsoaptutor@gmail.com)

# KODIAK ATHLETICS



# ***Kodiaks Athletics Banquet 2024***

- The Athletics Banquet is **Thursday, June 13th** at HWSS!
- TIME: TBA (after 5pm)
- Join us for a fun night of Dinner, Athletic Awards, Photo Booth and Games
- *Dress to impress!* **Theme: Over the Hollywood Hills at Heritage**
- Please pay your ticket/ Banquet Fee on SchoolCash Online by Wednesday May 29th.
- Ticket Distribution will take place **Thursday May 30th and 31st in the Grand Hall**
- If you are wanting to gain volunteer hours, please see Ms. Rampuri in the PE office.



# *Athletic Fee's*

- Please pay your Athletic Fee's if they are outstanding on SchoolCash Online!
- Students who have not paid their Athletic Fee will not be able to attend the Athletics Banquet on June 13.

2024 Badminton  
Senior FRASER  
NORTH Success!

**Girls Doubles – 2nd**  
**Mixed Doubles – 5th**



Great Job to Michelle and  
Harrison in their mixed doubles!

And an amazing job to Michelle  
and Hannah for their 2nd place  
finish while being super star  
team leaders for the entire  
season!

# CAREER CENTER





## ADULTING 101: PERSONAL FINANCE FOR STUDENTS PREPARING FOR COLLEGE & UNIVERSITY

A Zoom-based financial literacy workshop for grade 9 to 12 students from UVIC's Gustavson School of Business

Surveys routinely show Canadians struggle with their finances—over half are within \$200 of not being able to cover their bills and debt payments.

High school and university students particularly face struggles. Rising student debt, increasing housing costs, and surging inflation are barriers to success. *Generation Z* not only faces the burdens of climate change, the pandemic, and global uncertainty—but costs alone are a barrier to progress in careers and life.

**So, how can students prepare for the costs of “adulthood” and identify opportunities while at university?**

The Gustavson School of Business at UVic invites students to join a free financial literacy workshop. Dr. Michael King leads this interactive session for students to strengthen and prepare their financial footing to enter university life. This workshop will give you a taste of Gustavson and finance through a fun and engaging session.

**This workshop is a good fit if one or more of these apply to you:**

- You are in grade 9 to 12, and/or are an international student hoping to study in Canada.
- You want to take responsibility for your financial life, starting with mobile banking and day-to-day spending, and are curious about where to start.
- You have questions about your credit score and how it is used to evaluate you for: mobile phone, credit card, apartment rental, summer job, car loan, and much more.
- You want to build up savings and start investing in stocks, bonds, ETFs...
- You are interested in what a university class might be like

The workshop will be delivered on Zoom, and there are two dates to choose from:

**Monday, May 27<sup>th</sup> or Tuesday May 28<sup>th</sup>**

[CLICK HERE TO REGISTER FOR THE SESSION](#)

Contact Recruitment Manager, Daniel Nair, at [bizrecruit@uvic.ca](mailto:bizrecruit@uvic.ca) for more information



[uvic.ca/gustavson](http://uvic.ca/gustavson)



[@gustavsonuvic](https://www.instagram.com/gustavsonuvic)



**Gustavson**  
School of Business  
University of Victoria

# TRI-CITIES MENTORSHIP PROJECT – ALUMNI PANEL SERIES



Are you curious about what different degrees/programs have to offer? Want to learn more about how to get into a particular field? Join us for a VIRTUAL panel series where SD43 alumni will discuss their high school & post-secondary journeys and answer your questions!

Medical School: Thu, May 16 (7-8 PM)

Bachelor of Arts: Thu, May 23 (7-8 PM)

Business: Thu, May 30 (7-8 PM)

RSVP here: [bit.ly/tricitiesalumnipanel](https://bit.ly/tricitiesalumnipanel)

# Medical Students Panel

Thursday, May 16 @ 7-8 PM

SD43 alumni from different undergraduate programs discuss their journey into UBC medical school!

Chenille

- Pinetree '19
- UBC BSc (Major in Integrated Science: Physiopharmacology and Public Health)
- Currently: entering UBC Med Year 3

Jiwon

- Gleneagle '20
- McMaster BHSc (Health Sciences) '23
- Currently: entering UBC Med Year 2

Kate

- Dr Charles Best '18
- McGill BSc '22 (Honours Neuroscience (Computational), Minor in Computer Science)
- Currently: entering UBC Med Year 2

RSVP here!



[bit.ly/tricitiesalumnipanel](https://bit.ly/tricitiesalumnipanel)

# Business Panel

Thursday, May 30 @ 7-8 PM

SD43 alumni from different business programs discuss their experiences and how it's shaped their career path!

Daniel

- Dr Charles Best '18
- UBC Sauder BCom '23 (Operations and Logistics, Business Analytics concentration)
- Currently: Buyer @ PCL

Selina

- Pinetree '17
- Western Ivey HBA '22, Western BAsC '22 (Major in Mechatronics Engineering)
- Currently: Strategic Sourcing Engineer @ Microsoft

TBA

- Check back later to learn more about our third panelist!

RSVP here!



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